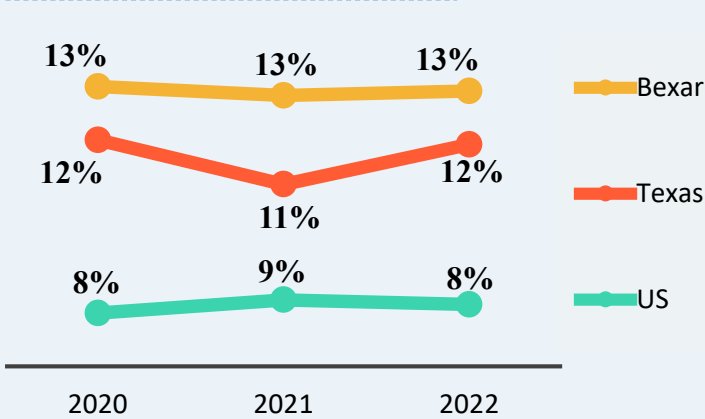


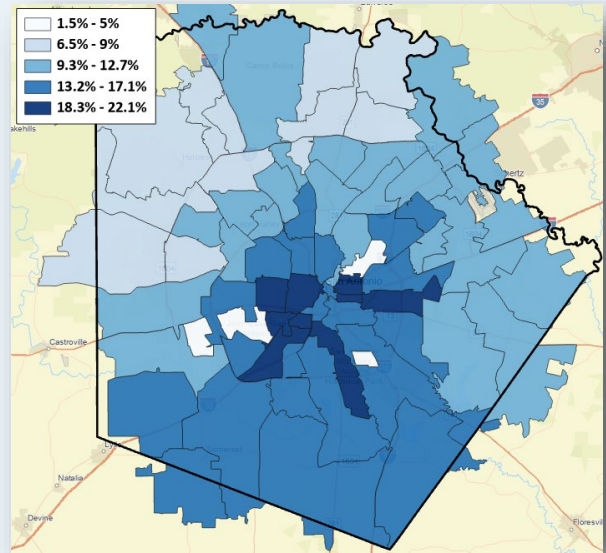
Diabetes in Bexar County

Approximately 13% of Bexar County residents have diagnosed diabetes, which surpasses the national estimate.¹ Geographic disparities exist within Bexar County: the prevalence of diabetes in the top 10 ZIP codes is 3.4 times higher than in the bottom 10 ZIP codes, and the diabetes hospitalization rate in the top 10 ZIP codes is 9.4 times higher than in the bottom 10 ZIP codes.² Additionally, males are three times more likely than females to undergo an amputation as a result of diabetes.² Local reports list diabetes as a community priority.

Prevalence of Diabetes¹

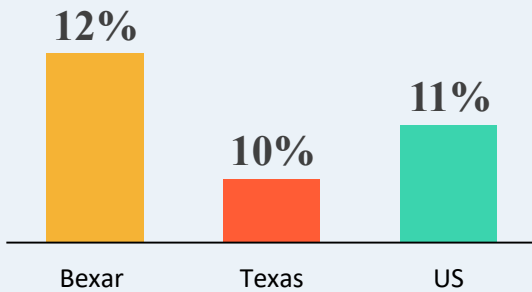


Percent of Adults with Diabetes by ZIP Code¹

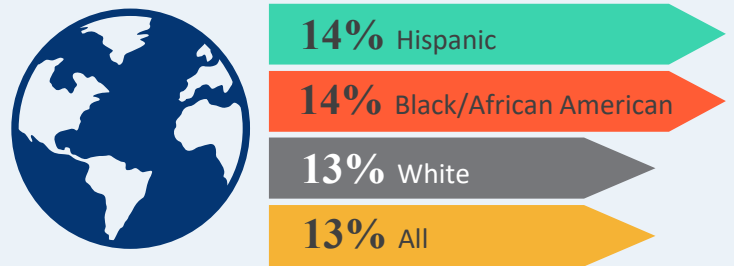


Top ZIP Codes: 78202, 78203, 78207, 78208, 78211, 78214, 78220, 78225, 78226, 78237

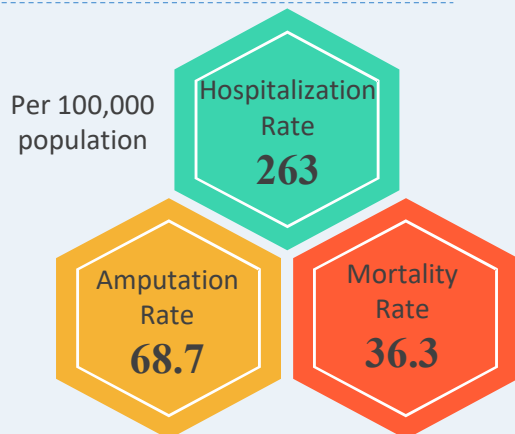
Prevalence of Prediabetes¹



By Race/Ethnicity¹



Outcomes^{2,3}



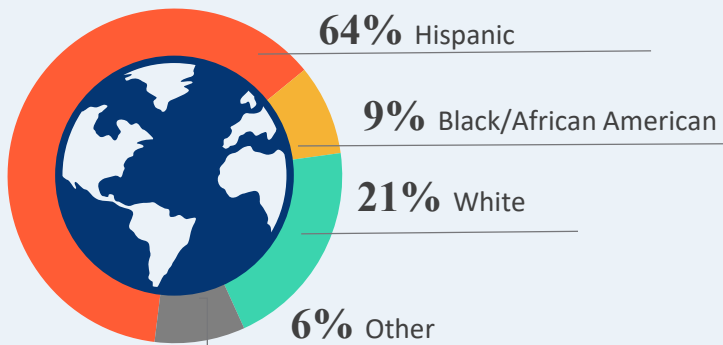
By Sex¹



Patients with Diabetes at University Health, 2023

In 2023, roughly 38,700 (16%) of established University Health patients had a diagnosis of diabetes. Established patients include those that had at least one office visit between Jan. 1, 2021 and Dec. 31, 2022. The rate of Hispanic patients with diabetes is higher than both the rate of White patients (4.5 times higher) and the rate of diabetes for all University Health patients (2.5 times higher). Additionally, males are more likely than females to be hospitalized or receive an amputation as a result of diabetes.

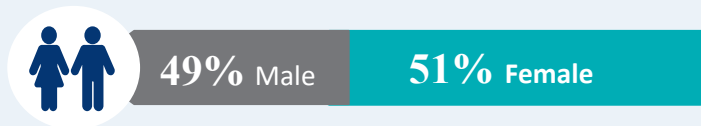
Race/Ethnicity



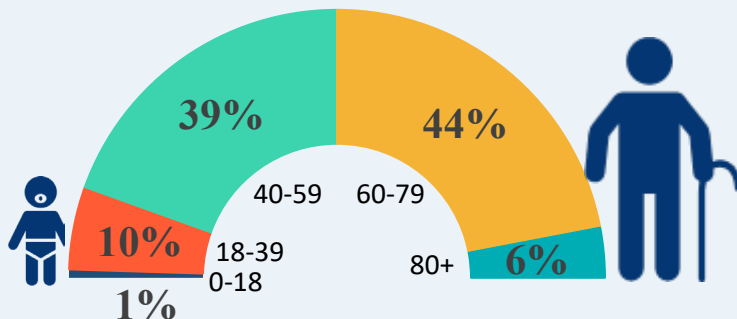
Language



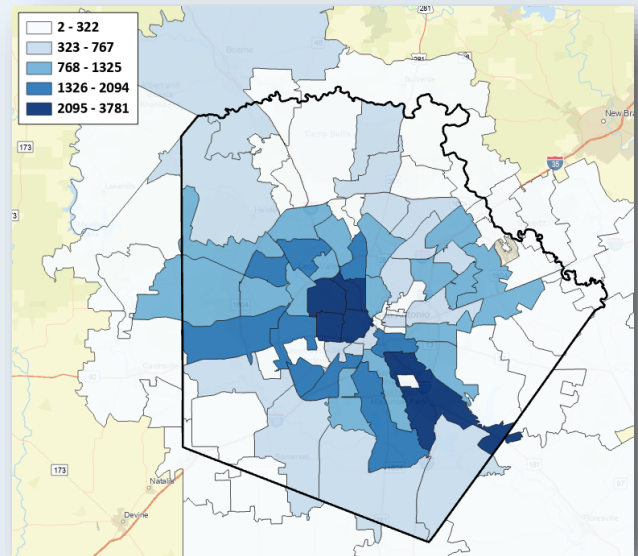
Sex



Age



ZIP Code of Residence for Patients with Diabetes



Top ZIP Codes: 78201, 78207, 78223, 78228, 78237

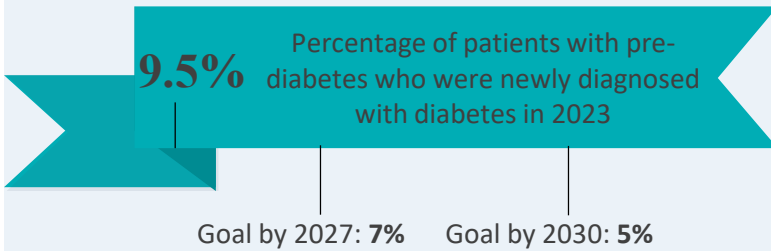
Social Vulnerability



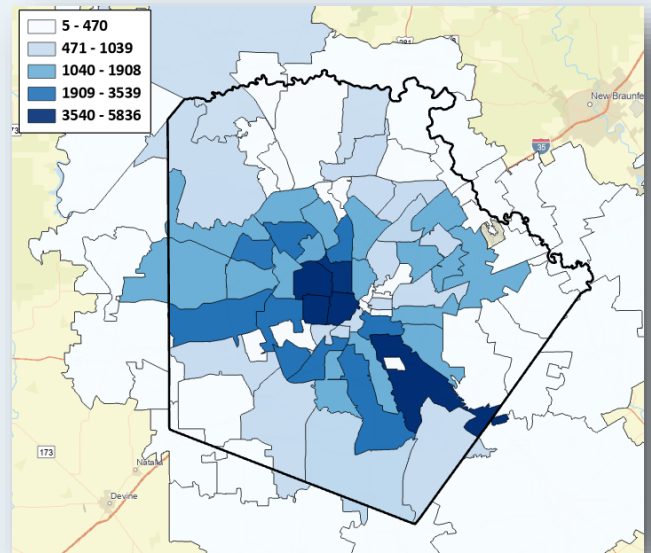
Caring for Patients with Diabetes, 2024

University Health aims to reduce the burden of diabetes and improve the quality of life and life expectancy for all people who have or at risk for diabetes.

Reduce the Incidence of Diabetes



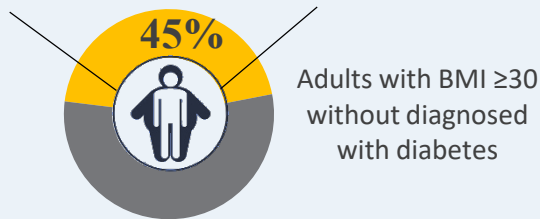
ZIP Code of Residence for Adult Patients with Obesity



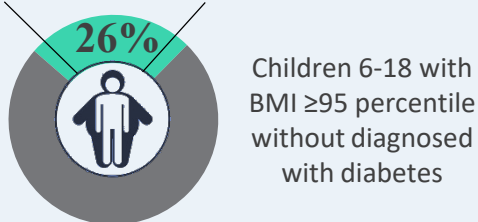
Top ZIP Codes: 78207, 78223, 78228, 78237

Reduce Risks of Diabetes: Obesity

Goal by 2027: **42%** Goal by 2030: **39%**



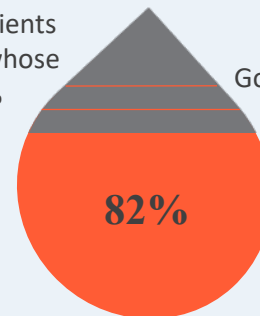
Goal by 2027: **23%** Goal by 2030: **20%**



Improve the Control of Diabetes

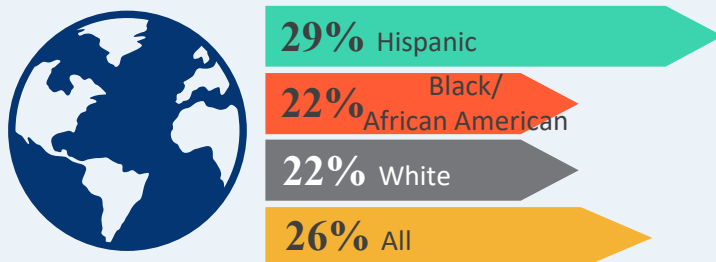
Established patients with diabetes whose A1c $\leq 9.0\%$

Goal by 2030: **88%**
Goal by 2027: **85%**



Reduce Disparities among Patients At-Risk for Diabetes

Racial and ethnic disparities exist among children who are obese.



References

- 1- CDC BRFSS, 2022
- 2- THIC Hospital Discharge, 2022
- 3- CDC Wonder Cause of Death, 2021