

October 2026 Learning Opportunities

Institute for Trauma-Informed Care



Introduction to Trauma- Informed Care

THU
OCT
1

Presented by the Institute
10-11 a.m. CST

Participants will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care.

[Register >](#)

Adverse Childhood Experiences

MON
OCT
5

Presented by Communities in Schools
10-11:30 a.m. CST

Participants will learn about the Adverse Childhood Experiences (ACE) study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations.

[Register >](#)

Discovering We Are Resilient

WED
OCT
7

Presented by the Institute
10-11 a.m. CST

Participants will learn how a resilient mindset can help us become stronger emotionally by using centering skills and help identify how resilience can be hindered. Participants will also gain an understanding of cultural and protective patterns and how they can help build resilience.

[Register >](#)

It Matters to All: The Adverse Impact of Domestic Violence

THU
OCT
15

Previously recorded

Presented by Family Violence Prevention Services, Inc.
10-11 a.m. CST

Participants will learn the historical perspectives of domestic violence and how generational violence affects children and communities. Participants will also receive insight into the challenges victims face as they work to overcome domestic violence.

[Register >](#)

Adverse Childhood Experiences

TUE
OCT
20

Presented by ESC-Region 20
10-11:30 a.m. CST

Participants will learn about the Adverse Childhood Experiences (ACE) study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations.

[Register >](#)

Building Community Resilience

THU
OCT
22

Presented by the Institute
10-11 a.m. CST

Participants will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes.

[Register >](#)

Implementing Trauma-Informed Care Principles

TUE
OCT
27

Presented by the Institute
10-11 a.m. CST

Participants will receive an overview on the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation towards a trauma-informed journey.

[Register >](#)

Creating Supportive Spaces

THU
OCT
29

Presented by The Trevor Project
10-11 a.m. CST

Participants will learn practical strategies for creating inclusive homes, schools and communities for the LGBTQ+ young people. Participants will also explore how daily actions, words and interactions create positive change.

[Register >](#)



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Call Us
210-644-8801

It Matters to All: The Adverse Impact of Domestic Violence

Hosted by the Institute for Trauma-Informed Care

PREVIOUSLY RECORDED *

JOIN US!

DATE: Thursday, Oct. 15

TIME: 10-11 a.m. CST

REGISTER HERE:



***Continuing education hours are not available**



Marta Prada Peláez

ABOUT THIS SESSION

In this session, participants will learn about the historical perspectives of domestic violence and how generational violence affects children and the community. Participants will also receive insight into the challenges victims face as they work to overcome domestic violence.

ABOUT THE PRESENTER

Marta Prada Peláez is the president and CEO of Family Violence Prevention Services, Inc., a San Antonio-based nonprofit established in 1977 to provide the tools for self-sufficiency for victims of domestic violence. Marta has a master's degree in clinical psychology and has dedicated more than two decades to serving children and vulnerable populations. Marta is the board chair of Texas Council of Family Violence (TCFV), a two-term past chair and a Texas Region 5 area director. She continues to champion initiatives and engage different sectors of the community in the development of life-changing, culturally relevant interventions for both victims and perpetrators of abuse.



CONTACT US

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Creating Supportive Spaces

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Thursday, Oct. 29

TIME: 10-11 a.m. CST

REGISTER HERE:



Continuing education hours are not available.



Keygan Miller

ABOUT THIS SESSION

In this session, participants will explore practical strategies for creating inclusive homes, schools, and communities for the LGBTQ+ young people. Participants will also learn to recognize and address LGBTQ+ microaggressions, identify key issues in school, healthcare, and legal settings. Participants will leave empowered to advocate for LGBTQ+ youth and learn how daily actions, words and interactions create positive change.

ABOUT THE PRESENTER

Keygan Miller is the director of public training for The Trevor Project, the leading suicide prevention and crisis intervention organization for LGBTQ+ young people. Keygan oversees design and facilitation of public trainings to advance Trevor's life-saving suicide prevention work and teaches audiences to be strong allies for LGBTQ+ youth. Prior to this work, Keygan was an advocacy manager at The Trevor Project and then served as an intervention specialist for Cincinnati Public Schools. Keygan received a Master of Arts in Education in Curriculum and Instruction from the University of Cincinnati, as well as a Master of Education and Human Development in Education Policy from George Washington University.