

# JULY 2025 - Training Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Adverse Childhood Experiences 1</b>	<b>Introduction to TIC 2</b>	<b>3</b>	<b>4</b>
	Presented by the Institute 10 – 11:30 a.m. CST <a href="#">Register</a>	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>		
<b>Introduction to TIC 7</b>	<b>Discovering We Are Resilient 8</b>	<b>9</b>	<b>Adverse Childhood Experiences 10</b>	<b>Implementing TIC Principles 11</b>
Presented by the Institute 5 – 6 p.m. CST <a href="#">Register</a> 	Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>		Presented by the Institute 10 – 11:30 a.m. CST <a href="#">Register</a>	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>
<b>Creating a Thriving Community 14</b>	<b>Adverse Childhood Experiences 15</b>	<b>Learning Event 16</b>	<b>17</b>	<b>Introduction to TIC 18</b>
Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>	Presented by Education Service Center – Region 20 10 – 11:30 a.m. CST <a href="#">Register</a>  Implementing TIC Principles Presented by the Institute 5 – 6 p.m. CST <a href="#">Register</a> 	<b>Teaching from a Healed Place: How Educators’ Personal Trauma Affects the Classroom</b> Presented by Jae Elle Consulting, LLC 10 – 11 a.m. CST <a href="#">Register</a>		Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>
<b>21</b>	<b>22</b>	<b>23</b>	<b>Building Community Resilience 24</b>	<b>Implementing TIC Principles 25</b>
			Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>	Presented by the Institute 10 – 11 a.m. CST <a href="#">Register</a>
<b>Introduction to TIC 28</b>	<b>Learning Event 29</b>	<b>Adverse Childhood Experiences 30</b>	<b>Implementing TIC Principles 31</b>	<b>SCAN FOR CALENDAR</b>
Presented by the Institute 1 – 2 p.m. CST <a href="#">Register</a>	<b>The Impact of Respite on Families Raising Kids with Intellectual Disabilities</b> Presented by Jill’s House & Baylor University 10 – 11 a.m. CST <a href="#">Register</a>	Presented by Presented by the Institute 5 – 6:30 p.m. CST <a href="#">Register</a> 	Presented by the Institute 1 – 2 p.m. <a href="#">Register</a>	

### Introduction to Trauma-Informed Care (1 Hour)

Attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This presentation is derived from training received from international speaker Becky Haas.



### Building Community Resilience (1 Hour)

Attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



### Implementing Trauma-Informed Care Principles (1 Hour)

Attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



### Creating a Thriving Community (1 Hour)

Attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development. It emphasizes building human capital collectively fostering stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



### Adverse Childhood Experiences (1.5 Hours)

Attendees will learn about the ACE study, why ACEs have an immense effect on people's lives and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE Trainer.



### Discovering We Are Resilient (1 Hour)

Attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and also help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from the "We Are Resilient" training from Dovetail Learning.



Visit our learning management system (LMS), Bridge.

The LMS offers **130+** on-demand training sessions and learning events providing 24/7 access. Contact the Institute to request access.



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# Teaching from a Healed Place: How Educators' Personal Trauma Affects the Classroom

Hosted by the Institute for Trauma-Informed Care

## JOIN US!

**DATE:** Wednesday, July 16

**TIME:** 10-11 a.m. CST

**REGISTER HERE:**



**FREE Contact Hour – 1.0**

**(For nurses and social workers only)**



**Jennipha "Jae" Ricks**

## ABOUT THIS SESSION

In this session, attendees will learn what it means to "teach from a healed place" and why it's essential. Participants will identify signs and effects of unresolved trauma in educators and examine how personal trauma can influence instructional practices, relationships with students and classroom culture. Attendees will hear about trauma-informed teaching practices and explore healing-centered engagement as a framework for professional and personal transformation by developing steps towards a healing journey to maintain emotional well-being.

## ABOUT THE PRESENTER

Jennipha "Jae" Ricks, M.Ed., is a passionate educational leader and founder/CEO of Jae Elle Consulting, LLC. She has held key leadership roles for more than 18 years in education to include founding deputy superintendent and chief learning officer at Essence Prep Public School, chair-elect of the African American Chamber of Commerce San Antonio and District 2 representative and treasurer of the Mayor's Commission on the Status of Women. Jae's mission is to help women move from trauma to triumph using her experience and expertise to empower, educate and develop leaders. She also founded Elluvation, focusing on leadership development and strategic planning, as well as Grounded by Faith, a monthly bible study for women. Based in San Antonio, Texas, Jae is a best-selling author of "Radiant Affirmations Vol. 1: A Powerful Guide to Empower the Souls of Women of Color." She balances her professional achievements with her roles as a devoted mother and daughter.



## CONTACT US:

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# The Impact of Respite on Families Raising Kids with Intellectual Disabilities

Hosted by the Institute for Trauma-Informed Care

## JOIN US!

**DATE:** Tuesday, July 29

**TIME:** 10-11 a.m. CST

**REGISTER HERE:**



**FREE Contact Hour – 1.0**  
(For nurses and social workers only)



**Dr. Sarah Mire**



**Dana Hecht**

## ABOUT THIS SESSION

In this session, participants will gain an understanding of how respite services can help alleviate caregiver stress. Attendees will also learn how it can enhance family dynamics and contribute positively to the well-being of children with intellectual and developmental disabilities.

## ABOUT THE PRESENTERS

Dr. Sarah S. Mire is associate professor of School Psychology and faculty affiliate with the Baylor Center for Developmental Disabilities. Dr. Mire is an applied researcher who developed and directs the School Psychology Autism Research Collaboration (\*sparc) research team. The mission of \*sparc is to improve outcomes for children with autism by enhancing capacities of adults who support them — caregivers and families, school personnel and medical providers. Dr. Mire is a licensed psychologist in Texas, a nationally certified school psychologist and licensed specialist in school psychology.

Dana Hecht is vice president of family support at Jill's House, a Christian nonprofit that loves and serves families raising individuals with profound intellectual disabilities. Jill's House provides 24-48 hour short-term, overnight respite care and holistic family support services. Dana has extensive experience in nonprofit management and disability services, including program design, management, regulatory compliance, community outreach and has a passion for holistic support of families and family preservation. She holds a bachelor's degree in communications arts and political science from James Madison University and thereafter practiced law in Washington, D.C. after obtaining her law degree from William & Mary.



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