

FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Introduction to TIC3Presented by the Institute 2 – 3 p.m. CST Register210	Building Community Resilience 4 Presented by the Institute 10 – 11 a.m. CST Register	Learning Event 5 Beyond IQ: The Power of 5 Social Emotional Learning Presented by Serendipity Place, LLC	Implementing TIC Principles6Presented by the Institute5 - 6 p.m. CSTRegister	
		10 – 11 a.m. CST Register	C	
	D Implementing TIC Principles 11	Adverse Childhood Experiences 12	Discovering We Are Resilient 13	Introduction to TIC
	Presented by the Institute 10 – 11 a.m. CST Register	Presented by the Institute 2 – 3:30 p.m. CST Register	Presented by the Institute 2 – 3 p.m. CST Register	Presented by the Institute 10 – 11 a.m. CST Register
		ACE Interface		Ŭ
17	7 Adverse Childhood Experiences 18	Introduction to TIC 19	Learning Event 20	Creating a Thriving Community
HAPPY PRESIDENT'S DAY	Presented by ESC-Region 20 10 – 11:30 a.m. CST Register	Presented by the Institute 5 – 6 p.m. CST Register	Caring for the Vulnerable: Faith Communities and Trauma-Informed Foster Care Presented by SJRC Texas Belong	Presented by the Institute 10 – 11 a.m. CST Register
	ACE Interface	C	10 – 11 a.m. CST Register	
Introduction to TIC 24	25	Adverse Childhood Experiences 26	Implementing TIC Principles 27	
Presented by the Institute 2 – 3:30 p.m. CST Register		Presented by the Institute 5 – 6:30 p.m. CST Register	Presented by the Institute 10 – 11 a.m. CST Register	
		ACE Interface		

Discovering We Are Resilient



Institute for Trauma-Informed Care Training Menu

Introduction to Trauma-Informed Care (I Hour)

In this session, attendees will receive an overview of key elements to help build their foundation of trauma-informed care. This includes an introduction to adverse childhood experiences, the impact of trauma and trauma-informed care. This session will also highlight how the Institute for Trauma-Informed Care can assist organizations on their journey to trauma-informed certification. This presentation is derived from training received from international speaker Becky Haas.



Building Community Resilience (I Hour)

In this session, attendees will learn about R.O.L.E.S., a five-step process that empowers individuals to identify their negative personal triggers to create a mental paradigm shift rooted in positivity and successful outcomes. This presentation is derived from training received from Community Resilience Initiative Course 1.



Implementing Trauma-Informed Care Principles (I Hour)

In this session, attendees will receive an overview of the impact of trauma and an introduction to the six key principles of a trauma-informed approach. The information in this course will serve as a foundation to help you on your trauma-informed journey. This presentation is derived from Basics of Adverse Childhood Experiences (ACEs), Building Resilience and Using a Trauma-Informed Approach training received from international speaker Becky Haas.



Creating a Thriving Community (I Hour)

In this session, attendees will learn about the K.I.S.S. framework for building community capacity through resilience. This model serves as a public health framework for community development. It emphasizes building human capital collectively fostering stronger communities that can thrive and effectively manage the impact of risk. This presentation is derived from training received from Community Resilience Initiative Course 1.



Adverse Childhood Experiences (1.5 Hours)

In this session, attendees will learn about the ACEs study, why ACEs have an immense effect on people's lives, and what we can all do to dramatically improve health and resilience for future generations. This presentation is derived from training received from ACE Interface and conducted by an approved master ACE trainer.



Discovering We Are Resilient (I Hour)

In this session, attendees will learn how a resilient mindset can help us become stronger emotionally by using centering skills and also help identify how resilience can be hindered. Attendees will also gain an understanding of where cultural and protective patterns come from and how they can help build resilience. This presentation is derived from the "We Are Resilient" training at Dovetail Learning.



Missed a training? Visit our learning management system (LMS).

The Institute's LMS offers 110+ on-demand training sessions and learning events, providing 24/7 access. Viewers can see missed sessions, revisit favorite trainings and obtain attendance certificates. Contact the Institute if you wish to receive access.



Contact Us Website: InstituteTIC.com Email: iticsa@uhtx.com Phone: 210-644-8801

Beyond IQ: The Power of Social Emotional Learning

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Wednesday, Feb. 5 TIME: 10 – 11 a.m. CST REGISTER HERE:



FREE Contact Hour – 1.0 (For nurses and social workers only)



Louie Olivan

ABOUT THIS SESSION

Join us with Louie Olivan from Serendipity, LLC. In this session, participants will learn practical tools to enhance emotional intelligence, create a supportive culture and lead with empathy and accountability. This session will highlight how professionals can integrate social emotional learning and trauma-informed care into their roles to improve leadership skills and mitigate the effects of workplace stress and secondary trauma.

ABOUT THE PRESENTER

Louie Olivan has more than 15 years of experience working with diverse populations, combining evidencebased methods like Cognitive Behavioral Therapy with innovative strategies. As the founder of Serendipity Place, LLC, he empowers individuals through personal development by integrating approaches like moral decision-making and self-corrective thinking. Overcoming early challenges of his own to include academic struggles and complex trauma, Louie transformed his life, eventually excelling as a second-year Ph.D. student with a 3.95 grade point average. His humble, storytelling approach helps to inspire others to embrace growth and resilience in their own journeys.





CONTACT US:

Website: InstituteTIC.com Email: iticsa@uhtx.com Phone: 210-644-8801

Caring for the Vulnerable: Faith Communities and Trauma-Informed Foster Care

Hosted by the Institute for Trauma-Informed Care

JOIN US!

DATE: Thursday, Feb. 20 TIME: 10 – 11 a.m. CST REGISTER HERE:



Nevetta King

FREE Contact Hour – 1.0 (For nurses and social workers only)

ABOUT THIS SESSION

Join us with Nevetta King of SJRC Texas Belong. In this session, participants will gain knowledge of the effects of trauma on foster children and its implications on long-term well-being. This session will emphasize how faith-based communities can act as agents of healing and support while encouraging participants to engage in foster care and advocate for trauma-informed policies.

ABOUT THE PRESENTER

Nevetta King is a passionate advocate for foster care reform and community empowerment. As a licensed pastoral counselor and certified mental health coach, she combines her expertise in community and mental health with her faith to support vulnerable populations. Nevetta is the founder of Expanded Roots Counseling, where she walks with individuals on their journey to wholeness by helping them find healing from traumatic experiences and life's difficulties. She also serves as the director of faith-based initiatives for SJRC Texas Belong, encouraging faith communities in South Texas and the Hill Country to actively engage in foster care. She focuses on prayer and action to help make a lasting impact on children and families.





Transforming Tomorrow Together

CONTACT US:

Website: InstituteTIC.com Email: iticsa@uhtx.com Phone: 210-644-8801